

# PREPARATION FOR THE MRI

Bring a copy of the order for the procedure from your referring physician.

No special preparation is needed for most MRI examinations.

Before studies of the brain, spine or joints you may eat a regular diet. For studies of the abdomen or pelvis you should refrain from eating or drinking for 4 hours.

Take your usual medications.

Wear comfortable, loose clothing. You may be asked to change into a gown.

Before entering the MRI room you must remove ALL metallic objects including hearing aids, dentures, partial plates, keys, beeper, cell phone, eyeglasses, hair pins, barrettes, jewelry, body piercing jewelry, watch, safety pins, paperclips, money clip, credit cards, bank cards, magnetic strip cards, coins, pens, pocket knife, nail clippers, tools, clothing with metal fasteners, and clothing with metallic threads.

The MRI system has a very strong magnetic field that is always on. Improper entry to the MRI scanning room may result in serious injury or death. Do not enter the scanning room without the permission of the technologist or Radiologist. Do not enter the MRI room if you have any question or concern regarding the safety of an implant or device.

The following devices may be hazardous to you and/or interfere with the MRI examination:

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| Aneurysm clip(s)                           | Artificial or prosthetic limb                  |
| Cardiac pacemaker                          | Metallic stent, filter, or coil                |
| Implanted cardioverter defibrillator (ICD) | Shunt (spinal or intraventricular)             |
| Electronic implant or device               | Vascular access port and/or catheter           |
| Magnetically-activated implant or device   | Radiation seeds or implants                    |
| Neurostimulation system                    | Swan-Ganz or thermodilution catheter           |
| Spinal cord stimulator                     | Medication patch (Nicotine, Nitroglycerin)     |
| Internal electrodes or wires               | Any metallic fragment or foreign body          |
| Bone growth/bone fusion stimulator         | Wire mesh implant                              |
| Cochlear, otologic, or other ear implant   | Tissue expander (e.g. breast)                  |
| Hearing aid                                | Surgical staples, clips, or metallic sutures   |
| Insulin or other infusion pump             | Joint replacement (hip, knee, etc.)            |
| Implanted drug infusion device             | Bone/joint pin, screw, nail, wire, plate, etc. |
| Any type of prosthesis (eye, penile, etc.) | IUD, diaphragm, or pessary                     |
| Heart valve prosthesis                     |  |
| Eyelid spring or wire                      |  |



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